

Area 61 Treatment & Accessibility Commitment Guidelines

Thank you for your SERVICE!! These are basic guidelines and suggestions you should be aware of when bringing Commitments into a detoxification, rehabilitation, treatment center; psychiatric ward, hospital, or ANY recovery facility within RI Area 61

Treatment facilities state it is critical that patients hear that **recovery is possible**. Many patients have never been to an AA meeting. This is AA's opportunity to show them the benefits of Alcoholics Anonymous and our 12 Step Program.

Many patients are at a vulnerable stage in both their life and in their recovery. For that reason, we just want to make sure you are sensitive to their issues. Some things you might normally share from the podium -- such as your experience, strength and hope -- may need to be tempered.

Also, ensure that any newcomers you bring to a **Treatment Facility Commitment** understand that these guidelines are important and they comply with them.

Remember to Register your commitment with your District Treatment & Accessibility Coordinator.

We Ask that You Avoid:

- Detailed or graphic discussion of any incident related to domestic violence or any crime ● Excessive Profanity
- Personal opinions about any treatment facility

Remember the Following:

- Keep the meeting and focus on alcohol and alcoholism.
- Don't give cigarettes or ANYTHING to any patient
- Don't bring any sharp object into a treatment facility meeting
- Leave NOTHING behind ... except HOPE.
- Ask the staff for help if needed. Don't ever touch anyone.

A Healthy AA Message:

- Focuses on the Solution - Not the Problem
- Shares Experience, Strength, and Hope
- Carries the Message - Not the Mess
- Sends a Positive Message of Recovery

These are not new ideas but they are effective guidelines for all to follow.

Questions? Contact Dean P at treatmentaltchair@ainri.com